

VOLUME 2

JUNE 30, 2023

# QUARTERLY

## 2023

HALFWAY AND  
GOING STRONG

SAVE THE DATE

THE 2023  
HEARTKIDS  
GOLF DAY  
FRI, 27 OCT

SPOTLIGHT ON

BIANCA &  
MIEKE

HOLY MOLLER!!



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INCLUDING:

WARRIOR BIRTHDAYS - IN MEMORIAM  
HOSPITAL VISITS - UPCOMING EVENTS

## SPOTLIGHT ON: **BIANCA + MIEKE**

With our two boys Xander and Sias, aged 7 and 3, we were **ready to try for a girl**, and were lucky to fall pregnant with a little girl soon thereafter - but were robbed of that when I miscarried into the pregnancy. When we were ready to try again, we once more fell pregnant, and **gave birth to our third son** in 2011.

We were of course over the moon, but that longing feeling persisted, and in 2016, some five years later, first began to toy with the “crazy” **idea of adoption** and we quickly learnt how prohibitive the court related costs could be.

It wasn't until two years later when I moved into a new opportunity that I could **start to dream again** - becoming a PA with flexible time for an amazing boss and true altruist involved with many charities.

Part of this charitable work was her opening her home to children as foster parents, which is how on a 2018 February morning one **first laid eyes** on beautiful Mieke. She could barely stand at the time and it was love at first sight - the **most perfect moment of my life**.

Because of the relationship I formed with her, and my boss' busy schedule, I was asked to be her nanny whilst she remained in their foster care; and not too long after that, my husband and I made the decision to try and **become her adoption parents**, by God's grace we qualified in aspect and with that started the adoption process of our little Mieke.

In late 2019, while giving Mieke her night-time bath she collapsed in the tub and hit her head, and we rushed her off to the hospital. That was the first time doctor picked up that she had an **irregular heartbeat**. Just four months later Mieke collapsed again with another trip to the emergency room confirming the irregular heartbeat, and suspecting a form of epilepsy.

These **symptoms persisted for two more years** until she was admitted and saw a pediatric doctor who insisted we immediately travel from Rustenburg to see a pediatric cardiologist in Pretoria.

In August of 2022, almost a year after first seeing the cardiologist, Mieke received a small USB-sized sensor that was placed next to her heart by a small incision.

Not too long after that in October, our now 5 year old Mieke had another spell where she collapsed, and the doctors were finally able to diagnose **Tachy- Brady** and **Sick Sinus Syndrome**, with the decision made to immediately install a pacemaker to better regulate her heartbeat especially when she collapses.

After yet another episode thereafter and satisfied we had tried all the hospitals, we made our way to Cape Town to beg them to **help find answers** for our heart warrior, and after some tests, they added the third diagnosis of **Heart Cardiac Sincopy** to the Tach-Brady and Sick Sinus Syndrome, diagnoses.

It has been an **absolute roller coaster ride** with her condition, and I take my hat off to parents and children who sit in a similar position.

I have at times been asked if I would perhaps had made a different choice knowing everything I know now - but you know, even with everything I now know I would **choose my little heart warrior** Mieke over and over again.

Lots of Love

Heart Warrior Mommy  
**Bianca Esterhuizen**

# OUR BIRTHDAY WARRIORS

## APR

Logan Ellman  
16 April 2022

Muhammad Taliep  
11 April 2019

Shailen Pillay  
20 April 2016

Ariana Struwe  
08 April 2015

Mohammed Hoosen  
25 April 2010

## MAY

Hannah Hope Chetty  
18 May 2020

JJ Meintjies  
13 May 2020

Bibi Amina Shaik  
25 May 2018

Huda Reddy  
04 May 2018

Matthew Peters  
24 May 2006

## JUNE

Iphile Mpandle  
26 June 2021

Frederick Barnard  
12 June 2020

Umar Langry  
27 June 2018

James vd Merwe  
14 June 2016

Sriya Nina Makadooj  
10 June 2015

Aleta Grace Govender  
23 Jun 2009

# IN MEMORIAM

Sending light and love  
in remembrance of all  
little warriors that  
gained their angel wings  
and rose to eternity...



# HOLY MOLLER!!

That's all we could say when we were presented with a R15,000 cheque from the Moller family from Upington, whose daughter's story we put a **Spotlight On: Mea Moller** in the June '22 Newsletter.

They surprised us with a brand new, truly "out-the-box thinking" fundraising event, **Make Up + Skin Care Brunch**, and indeed it seems, fun was had by all!

We want to again extend our gratitude and **heartfelt thanks** for this remarkable effort and look forward to being there for the next!!





# CHRISTIAAN BARNARD MEMORIAL HOSPITAL



# RED CROSS HOSPITAL CAPE TOWN

One of our Warriors from Frere Hospital in East London was treated at the Red Cross Hospital in Cape Town and we couldn't resist visiting for a cuddle.





# FREIRE HOSPITAL EAST LONDON







# SAVE THE DATE

**FRI, 27 OCT**  
**PAROW GOLF CLUB**

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**FOURBALL ALLIANCE**

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**R2400**

Fourball

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**CONTEST**

Closest to the Pin  
Hole-in-one Contest  
Closest to the Pin  
Hole-in-one Contest

