VOLUME 2 JUNE 30, 2023

QUARTERLY

2023

HALFWAY AND GOING STRONG

THE 2023

HEARTKIDS GOLF DAY

SAVE THE DATE

FRI, 27 OCT

SPOTLIGHT ON

BIANCA & MIEKE

A S SOIN TREE

PR SOLATION

HOLY MOLLER!!

INCLUDING: WARRIOR BIRTHDAYS - IN MEMORIAM HOSPITAL VISITS - UPCOMING EVENTS



With our two boys Xander and Sias, aged 7 and 3, we were **ready to try for a girl**, and were lucky to fall pregnant with a little girl soon thereafter - but were robbed of that when I miscarried into the pregnancy. When we were ready to try again, we once more fell pregnant, and **gave birth to our third son** in 2011.

We were of course over the moon, but that longing feeling persisted, and in 2016, some five years later, first began to toy with the "crazy" **idea of adoption** and we quickly learnt how prohibitive the court related costs could be.

It wasn't until two years later when I moved into a new opportunity that I could **start to dream again** - becoming a PA with flexible time for an amazing boss and true altruist involved with many charities.

Part of this charitable work was her opening her home to children as foster parents, which is how on a 2018 February morning one **first laid eyes** on beautiful Mieke. She could barely stand at the time and it was love at first sight - the **most perfect moment of my life**.

Because of the relationship I formed with her, and my boss' busy schedule, I was asked to be her nanny whilst she remained in their foster care; and not too long after that, my husband and I made the decision to try and **become her adoption parents**, by God's grace we qualified in aspect and with that started the adoption process of our little Mieke.

In late 2019, while giving Mieke her night-time bath she collapsed in the tub and hit her head, and we rushed her off to the hospital. That was the first time doctor picked up that she had an **irregular heartbeat**. Just four months later Mieke collapsed again with another trip to the emergency room confirming the irregular heartbeat, and suspecting a form of epilepsy.

These **symptoms persisted for two more years** until she was admitted and saw a pediatric doctor who insisted we immediately travel from Rustenburg to see a pediatric cardiologist in Pretoria.

In August of 2022, almost a year after first seeing the cardiologist, Mieke received a small USB-sized sensor that was placed next to her heart by a small incision.

Not too long after that in October, our now 5 year old Mieke had another spell where she collapsed, and the doctors were finally able to diagnose **Tachy- Brady** and **Sick Sinus Syndrome**, with the decision made to immediately install a pacemaker to better regulate her heartbeat especially when she collapses.

After yet another episode thereafter and satisfied we had tried all the hospitals, we made our way to Cape Town to beg them to **help find answers** for our heart warrior, and after some tests, they added the third diagnosis of **Heart Cardiac Sincopy** to the Tach-Brady and Sick Sinus Syndrome, diagnoses.

It has been an **absolute roller coaster ride** with her condition, and I take my hat off to parents and children who sit in a simular position.

I have at times been asked if I would perhaps had made a different choice knowing everything I know now - but you know, even with everything I now know I would **choose my little heart warrior** Mieke over and over again.

Lots of Love

Heart Warrior Mommy

Bianca Esterhuizen

OUR BIRTHDAY WARRIORS

APR

MAY

JUNE

Logan Ellman

16 April 2022

Muhammad Taliep

11 April 2019

Shailen Pillay

20 April 2016

Ariana Struwe

08 April 2015

Mohammed Hoosen

25 April 2010

Hannah Hope Chetty

18 May 2020

JJ Meintjies

13 May 2020

Bibi Amina Shaik

25 May 2018

Huda Reddy

04 May 2018

Matthew Peters

24 May 2006

Iphile Mpandle

26 June 2021

Frederick Barnard

12 June 2020

Umar Langry

27 June 2018

James vd Merwe

14 June 2016

Sriya Nina Makadooj

10 June 2015

Aleta Grace Govender

23 Jun 2009

IN MEMORIAM

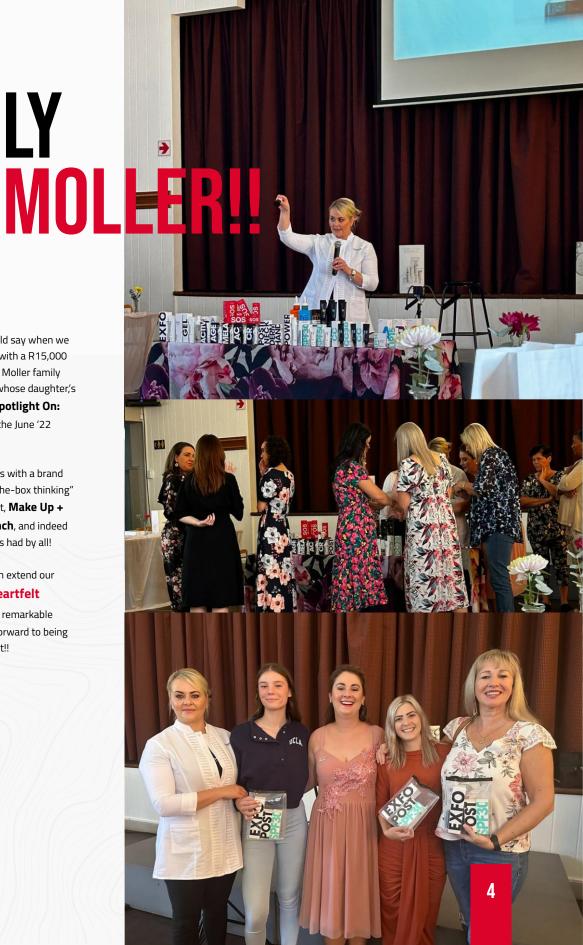
Sending light and love in remembrance of all little warriors that gained their angel wings and rose to eternity...

HOLY

That's all we could say when we were presented with a R15,000 cheque from the Moller family from Upington, whose daughter,'s story we put a Spotlight On: Mea Moller in the June '22 Newsletter.

They surprised us with a brand new, truly "out-the-box thinking" fundraising event, Make Up + Skin Care Brunch, and indeed it seems, fun was had by all!

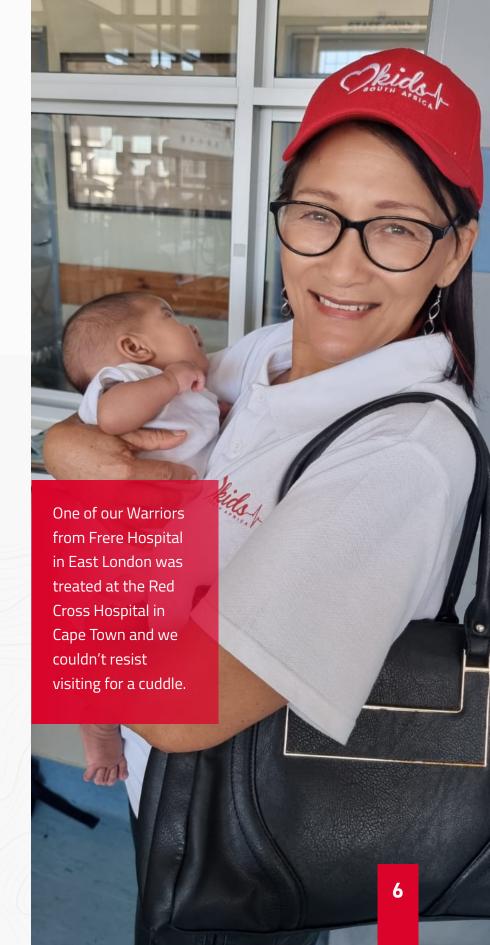
We want to again extend our gratitude and heartfelt thanks for this remarkable effort and look forward to being there for the next!!



CHRISTIAAN BARNARI MEMORIAL HOSPITA



CROSS HOSPITA RED



FRERE HOSPITAL EAST LONDON





SAVE THE DATE



FOURBALL ALLIANCE

R2400

Fourbal

CONTEST

Closest to the Pin Hole-in-one Contest Closest to the Pin Hole-in-one Contest

